

Rockford Water Polo

Head Varsity Coach- Craig Peterman 616.822.4899;

cpeterman@rockfordschools.org

Head JV- Jerrad Reickard 616-706-3761;

jreickard@rockfordschools.org

Assistant JV/ Varsity- Mason Westedt

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Parent/Player meeting @Rogue River park (6:00 PM)	5	6
7	8 First Practice 12:00-3:30 (12:00-12:30 Dryland) Bus departs RHS at 12:45 for EGR 1:30-3:30 @ EGR	9 12:00-3:30 (12:00-12:30 Dryland) Bus departs RHS at 12:45 for EGR 1:30-3:30 @ EGR	10 12:00-3:30 (12:00-12:30 Dryland) Bus departs RHS at 12:45 for EGR 1:30-3:30 @ EGR Team *Freshman and Juniors- baseline testing at 11:45 AM Canoe/ Kayak trip after practice 5:00 PM- 7:00 PM	11 Practice 8:00-9:30 PM @ EGR Bus departs RHS at 7:15 PM	12 V @ St. X (OH) Practice all others not at St. Xavier (8:00-9:30 PM @ EGR Bus departs RHS at 7:15 PM	13 V @ St X (OH)
14 V @ St. X (OH)	15 Practice 10:45-1:00	16 Practice 3:30-6:30 PM	17 Practice 3:30-6:30 PM	18 Practice 3:30-6:30 PM	19 Team pictures- 11:45 AM V @ Grand Haven JV @ East Kentwood	20 V @ Grand Haven JV @ East Kentwood
21	22 RPS First Day Practice 5:15-7:15	23 Practice 2:45-5:00 Lift 5:00-6:00	24 Practice 5:15-7:15	25 Practice 3:00-5:00 Lift 5:00-6:00	26 V @ Rockford JV @ West Ottawa NO SCHOOL	27 V @ Rockford JV @ West Ottawa
28	29 Practice 5:15-7:15	30 Practice 2:45-5:00 Lift 5:00-6:00	31 Practice 5:15-7:15			

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September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Practice 3:00-5:00 Lift 5:00-6:00 <i>Girls home meet</i>	2 <u>Enjoy Labor Day Weekend. BE SAFE</u>	3 <u>Enjoy Labor Day Weekend. BE SAFE</u>
4 <u>Enjoy Labor Day Weekend. BE SAFE</u>	5 <u>Enjoy Labor Day Weekend. BE SAFE</u>	6 Practice 2:45-5:00 Lift 5:00-6:00	7 Home game vs Jenison JV @ 6, V @ 7	8 Practice 3:00-5:00 Lift 5:00-6:00 <i>Girls home swim meet</i>	9 V @ Jenison JV @ Jenison	10 V @ Jenison JV @ Jenison
11	12 Away game vs Grand Haven JV @ 6, V @ 7 Bus departs- 4:00 PM	13 Practice 2:45-5:00 Varsity Film- 5:00-6:00 JV- lift 5:00-6:00	14 Away game vs Hudsonville JV @ 6, V @ 7 Bus departs- 4:15 PM	15 Practice 3:00-5:00 Lift 5:00-6:00 <i>Girls home swim meet</i>	16 V @ EGR JV @ Zeeland	17 V @ EGR JV @ Zeeland
18	19 Home game vs Zeeland V @ 6:30 PM	20 Practice 2:45-5:00 Lift 5:00-6:00	21 Away game vs West Ottawa V @ 6, Bus departs- 4:00 PM JV practice 3:00-4:30 <i>*Early Release</i>	22 Practice 3:00-5:00 Lift 5:00-6:00 <i>Girls Away swim meet</i>	23 V @ Zeeland/ Hudsonville JV @ Rockford	24 V @ Zeeland/ Hudsonville JV @ Rockford
25	26 Home game vs EGR JV @ 6, V @ 7	27 Practice 2:45-5:00 Lift 5:00-6:00	28 Away game vs East Kentwood V @ 6, JV @ 7 Bus departs- 4:15 PM	29 Practice 3:00-5:00 Lift 5:00-6:00 <i>Girls Away swim meet</i>	30 V @ East Kentwood JV @ East Kentwood	1 V @ East Kentwood JV @ East Kentwood

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October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 V @ East Kentwood JV @ East Kentwood
2	3 Practice 5:00-7:30 PM	4 Practice 2:45-5:00 Lift 5:00-6:00	5 Home game vs Okemos *Senior Night V @ 6:30, JV @ 7:30	6 Away game vs Mason V @ 6, JV @ 7 Bus departs 3:30 (RT) Girls home swim meet	7 V @ Rockford	8 V @ Rockford
9	10 Practice- 5:15-7:15	11 Practice 2:45-5:00 Lift 5:00-6:00	12 Away game vs East Lansing V @ 6, JV @ 7 Bus departs 3:30 PM (RT)	13 Practice 3:00-5:00 Lift 5:00-6:00 Girls Away swim meet	14 Practice 5:00-6:30 PM *Homecoming Game	15 *Homecoming dance
16	17 Post season Practice- 5:15-7:15	18 Post season Practice 2:45-5:00 Lift 5:00-6:00	19 Post Season Practice 3:00-5:30 *RPS Early Release	20 Post Season Practice 3:00- 5:00 Lift 5:00-6:00 Girls home swim meet	21 <u>Districts @EK</u> <u>Film</u>	22 <u>Districts @ EK</u>
23	24 Post season Practice- 5:15-7:15	25 Post season Practice 2:45-5:00 Film 5:00-6:00	26 Post Season Practice- 5:15-7:15	27 Post Season Practice 3:00- 5:00 Film- 5:00-6:00	28 <u>Regionals @ EGR</u>	29 <u>Regionals @EGR</u>
30	31 Post Season Practice- 5:15- 7:15					

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November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Practice 2:45-5:00 Lift 5:00-6:00	2 Post Season Practice 5:15-7:30	3 Post Season Practice 3:00-5:00	4 Post Season Practice- 3:00-5:30	5
6	7 Post Season Practice- 5:15-7:30	8 Post Season Practice 2:45-5:00	9 Post Season Practice- 5:15-7:30	10 Post Season Practice 3:30-5:00 Team Pasta Dinner @??	11 <u>State Tournament</u> <u>@ Jenison</u>	12 <u>State Tournament</u> <u>@ Jenison</u>
13	14	15	16	17 <i>Banquet @ RHS Cafeteria</i>	18	19
20	21	22	23	24 <i>Thanksgiving</i>	25	26
27	28	29	30			