



Rockford Aquatic Club Boys Water Polo 2018 rev. 4/24/18

- Entering grades 10-12 11:45-2:15 @ RHS Natatorium
- Entering grades 5-9 2:15-4:00 @ RHS Natatorium
- Questions? Call Craig Peterman at 616-822-4899 or cpeterman@rockfordschools.org

Goals: 1) To have fun and build sportsmanship across West Michigan.
2) To get more players playing high-quality water polo more often.
3) To work the fundamental building blocks of the game.

There will be at least 20 sessions for the older age group and JO players (18 for the younger age group) from the tentative dates below. We schedule more than 20 in case of school makeup days, pool problems, weather, etc. We do not practice during tornado watches or warnings but yes during lightning and thunder storms. We will try to give as much advance notice of any changes as possible -- group email. Please send Craig email addresses. Also, we recognize that each athlete will not be able to attend all sessions due to family vacations, church trips, etc., but this program is very, very reasonably priced compared to other sports for the number of sessions offered.

- 1) Tuesday, May 29, entering grades 10-12, plus all JO players, 5:15-6:45 pm.
- 2) Wednesday, May 30, entering grades 10-12, plus all JO players 5:15-6:45 pm.
- 3) Thursday, May 31, entering grades 10-12, plus all JO players 5:00-6:00 pm.
- 4) Friday, June 1, entering grades 10-12, plus all JO players 3:30-5:30 pm.
- 5) Monday, June 4, entering grades 10-12, plus all JO players 3:30-5:30 pm.
- 6) Tuesday, June 5, entering grades 10-12, plus all JO players 3:30-5:30 pm.
- 7) Wednesday, June 6, entering grades 10-12, plus all JO players 3:30-5:30 pm.
- 8) Thursday, June 7 (scheduled half day of school for Rockford; 1-3:00)
- 9) Friday, June 8 (scheduled half day of school for Rockford 1:00-3:00)
- 10) Monday, June 11 (normal schedule 11:45-2:15 and 2:15-4:00 and ongoing)
- 11) Tuesday, June 12
- 12) Wednesday, June 13
- 13) Thursday, June 14
- 14) Friday, June 15 *(May have practice depending on qualifier; All Qualifiers in St. Louis June 15-17)
- 15) **Monday, June 18 (No Practice; rest day)**
- 16) Tuesday, June 19
- 17) Wednesday, June 20
- 18) Thursday, June 21
- 19) Friday, June 22
- 20) Monday, June 25
- 21) Tuesday, June 26
- 22) Wednesday, June 27
- 23) Thursday, June 28
- 24) Friday, June 29
- *Friday, June 29-Sunday July 1, Great Lakes Water Polo Tournament 16U and 18U at University of Michigan
- *No polo week of July 2-July 8 due to MHSAA restrictions
- 25) Monday, July 9
- 26) Tuesday, July 10
- 27) Wednesday, July 11
- 28) Thursday, July 12 (last session for younger age group except those playing JO's who continue practicing with older group)
- 29) Friday, July 13 *might not be practice if Great Lakes Tournament starts on this date
- 30) Monday, July 16 (older age group and all JO players)
- 31) Tuesday, July 17 (older age group and all JO players)